

DAILY WARM-UPS

For String Orchestra

MICHAEL ALLEN

VIOLA

I. TUNING SEQUENCE

1

2

3

4

5

6

III. FINGER PATTERNS

7 (3-4 pattern)

8 (2-3 pattern)

9 (1-2 pattern)

10 (open pattern)

VIOLA

V. DOUBLE STOPS

4 pizz. pizz. pizz. pizz. pizz. pizz. 19

20 VI. LONG TONES

V V V fff

4

VII. STRING CROSSING

21 0 0 V 1 0 2 0 3 0 4 0

22 V 4 0

23 V 4 0

VIII. SHIFTING

24 0 1 1 2 1 0 25 0 1 2 1 1 0

26 0 1 2 - 1 1 0 27 0 1 1 - 1 0 28 0 1 1 - 2 1

29 0 1 2 - 1 30 0 4 0 1

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