

DAILY WARM-UPS

For String Orchestra

DOUBLE BASS

MICHAEL ALLEN

I. TUNING SEQUENCE

1

II. WARM-UP RHYTHMS

□ V □ V □ V

2

3

4

5

6

III. FINGER PATTERNS

7

1/2

8

9

10

1/2 pos

DOUBLE BASS

IV. STYLISTIC BOWINGS

(spiccato)

11

□ V

First staff of music for exercise 11, showing a sequence of eighth notes with spiccato bowings.

Second staff of music for exercise 11, continuing the sequence of eighth notes with spiccato bowings.

(staccato)

12

Third staff of music for exercise 12, showing eighth notes with staccato bowings and slurs.

Fourth staff of music for exercise 12, continuing the sequence of eighth notes with staccato bowings and slurs.

13 (retake)

Fifth staff of music for exercise 13, showing eighth notes with slurs and a retake section. Includes markings "L.H." and "sim.".

Sixth staff of music for exercise 13, continuing the sequence of eighth notes with slurs.

(grand martelé)

14

□ V □ V

Seventh staff of music for exercise 14, showing eighth notes with grand martelé bowings.

W.B.

(hooked or linked)

15

Eighth staff of music for exercise 15, showing eighth notes with hooked or linked bowings.

(louré)

16

Ninth staff of music for exercise 16, showing eighth notes with louré bowings.

Tenth staff of music for exercise 16, continuing the sequence of eighth notes with louré bowings.

(tremolo)

17

Eleventh staff of music for exercise 17, showing tremolo bowings.

M. to U.H.

(arco/pizz.)

18

□ pizz. □ pizz. □ pizz. □ pizz.

Twelfth staff of music for exercise 18, showing eighth notes with arco/pizzicato bowings.

DOUBLE BASS

V. DOUBLE STOPS

pizz. *pizz.* *pizz.* *pizz.* *pizz.* *pizz.* **19** 1 0 1 4 0 4 1 0

4 2 4
0 0 0
V V V

20 VI. LONG TONES

fff

-1 4

1 -4

VII. STRING CROSSING

21 0 0 1 0 4 0 - 1 0 4 0 1 0 -

4 0 1 0 0 0 **22** 0 0 1 0 4 0 - 1 0 4 0 1 0

-4 0 1 0 0 0 **23** 0 0 1 0 4 0 - 1 0 4 0 1 0

VIII. SHIFTING

-4 0 1 0 0 0 **24** 0 4 -1 4 1 0 **25** 0 4 -4 1 1 0

26 0 4 -2 4 4 0 **27** 0 4 4 -4 **28** 0 1 1 -4 1

29 0 1 4 -1 **30** 0 3 0 1 4

SUL D

1 4 1 4 1 0

DOUBLE BASS

3 3
0 0
8va

31 0 1 4 1 4 1 4 4

SULD 8va 8va 8va 8va 8va

IX. CHROMATIC ALTERATIONS

32 2 1 V V 4 2 V V 2 1 V

33 2 0 1 0 V V 4 1 2 1 V V 4 1 2 1 V

34 X. SCALES

0 1-1 2 4 0 1-1 2 4-1 2 4 4-4 2 1-4 2 1-0 4-4 2 1

35 0 1 4-2 4 V

36 0 1 4-0 1 4-2 4 4 2-4 1 0 V

37 0 1 4 0 1 4-2 4 -1 4-0 1 2-1 2 V 2 1-2 1 0-4 1-

4 2-4 1 0 4 1 0

TUNING SEQUENCE